Please amend Abstract of the Disclosure as follows:

This invention relates to an information processing apparatus, an information processing method, a recording medium, and a program for transmitting an RTS frame at full power and data at low power. If it is ascertained found in step S1 that data is to be transmitted, then an RTS frame is transmitted at full power in step S2. If a CTS frame enabling data transmission is not found received in step S3, then a determination is made in step S4 to see if as to whether a CTS frame is received swith its RA field carrying the address of another terminal—is received. If the latter CTS is found to have been received in step—S4, a transmission-prohibited interval is set and counted in step S5 based on a duration field in the CTS frame. If the CTS frame enabling data transmission is found to have been received, then a reception level of the frame is measured and stored-in-step S6. In step S7, dData is transmitted by a PDA at lower power. In step S8, aAn ACK frame is received. This invention applies illustratively to PDAs.